

# Multi-level Factors Influencing Colorectal Cancer Prevention and Detection



Deborah A. Fisher, MD, MHS – HSR&D Research Career Development Award

Durham VA and Duke University Medical Centers - Durham, North Carolina, USA

### **RCD** Award

 Focus: Improving colorectal cancer (CRC) prevention and detection by closing the gap between guidelines and clinical practice

• Dates: 9/4/05 - 9/4/08

Mentors:

- Dawn Provenzale, MD, MS

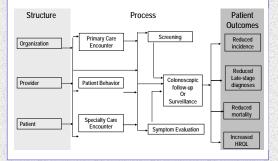
Robert Sandler, MD, MPH

- Morris Weinberger, PhD



### **CRC** Prevention and Detection

- Third most prevalent cancer in the VA
- Second leading cause of cancer death
- Screening reduces CRC death
- Symptomatic patients should undergo diagnostic colonoscopy
- High risk patients should undergo surveillance colonoscopy
- Evidence based guidelines published for screening (average risk) and surveillance (high risk)
- Donabedian model predicts: optimizing processes will maximize outcomes most prevalent cancer in the VA



## **RCD Award Projects**

Project 1: Follow-Up of a Positive FOBT (American College of Gastroenterology Research Award Fisher)

Aim: Examine the rate and determinants of full colon evaluation for positive fecal occult blood test (FOBT)

Design and Subjects: Retrospective review of consecutive primary care patients with a positive FOBT

12 month period with ≥ 18 months of follow-up

Primary Outcome: Full colon exam was performed within 12 months of

the positive FOBT (yes, no)
Results:



• 20% patients no-show/cancellation

• 44% full colon evaluation within 12 months

Project 2: Further Development and Validation of the CRC Screening Assessment Tool (NIH R21CA102379 Fisher & VA IIR 04-042 Partin)

Aim: Validate a questionnaire for self-reported CRC screening Design and Subjects: Primary care patients aged ≥50 years at the Durham or Minneapolis VAMCs

Part 1 -- Cognitive interviews

Part 2 -- Comparison of the questionnaire administered face-to-face (n = 200) or mailed survey (n =900) to medical record review

Results: Mailed survey 78% response rate

Self-report by questionnaire for Up-to-Date CRC screening status

- Sensitivity 98%
- Specificity 59%
- Positive Predictive Value 86%
- Negative Predictive Value 93%

# Project 3: Diagnostic Delay for Symptoms (CanCORS CRS 02-164 Provenzale)

Aim: Examine the incidence, predictors and outcomes of diagnostic delay for CRC

Design & Subjects: Prospective observational study using a consortium of 14 VA centers. Patients aged ≥ 21 years with CRC

This ancillary study to CanCORS will to explore the relationship between time of presentation with symptoms or a positive screening test to diagnosis and patient outcomes

#### **Related Research**

COLON DATA (<u>COLON</u>oscopy indication: <u>Development And Testing</u> of an <u>Algorithm</u>) (Colorectal Cancer QUERI Fisher PI 10/06-9/07)

Aims: 1) Develop and validate an accurate algorithm using administrative data to determine screening vs other indications for endoscopy

2) Use algorithm to explore association of screening endoscopy and patient comorbidity

VA Physician Adherence to Colonoscopy Guidelines (will submit to HSR&D as IIR June 2007)

Aims:1) Determine if VA physicians adhere to guidelines when recommending for repeat colonoscopy

2) Identify factors associated with guideline concordance

# **Manuscripts During RCD Period**

- Fisher DA, Judd L, Sanford NS. Inappropriate colorectal cancer screening: Findings and implications. Am J Gastroenterol 2005;100:2526-2530.
- Fisher DA, Jeffreys A, Coffman CJ, Fasanella K. Barriers to Full Colon Evaluation for a Positive Fecal Occult Blood Test. Cancer Epidemiology Biomarkers and Prevention 2006; 15:1232-1235.
- Garman KG, Jeffreys A, Coffman C, Fisher DA. Colorectal Cancer Screening, Comorbidity and Follow-up in the Elderly. Am J Med Sci 2006;332:159-163.
- Garret MM, Fisher DA. Strategies to improve colorectal cancer screening rates. J Clin Outcomes Management 2006;13:512-517.
- Prosnitz RG, Patwardhan MB, Samsa GP, Mantyh CR, Fisher DA, McCrory DC, Cline KE, Gray RN, Morse MA. Quality Measures for the Use of Adjuvant Chemotherapy and Radiation Therapy in Patients with Colorectal Cancer: A Systematic Review. Cancer 2006:107:2352–60.
- Lin S, Konstance R, Jollis J, Fisher DA. The utility of upper endoscopy in patients with concomitant upper gastrointestinal bleeding and acute myocardial infarction. Digestive Dis Sci 2006;51:2377-2383.
- Fisher DA, Johnson MR, Shaheen NJ. Fecal occult blood testing completion in a VA population: low and strongly related to race. J Clin Outcomes Management 2007;14(2):93-101
- Patwardhan MB, **Fisher DA**, MD, Mantyh CR, McCrory DC, Morse MA, Prosnitz RG, Cline K, Samsa GP. Assessing the Quality of Colorectal Cancer Care: Do We Have Appropriate Quality Measures? J Eval Clin Pract 2007 *in press*.
- Fisher DA, Galanko J, Dudley TK, Shaheen NJ. Impact of Comorbidity on Colorectal Cancer Screening in the Veterans Healthcare System. Clinical Gastroenterology and Hepatology 2007 in press